

# HASBROUCK HEIGHTS



## Lincoln School

Celebrating 100+ years!

## **Friday's Attachments**

PTA Newsletter

Phase Three (3) Expectations

Treat everyone with politeness and kindness, not because they are nice, but because you are.

#### **Emotional Wellness Month!**

SLOW	KEEP CALM	BE Positive	TAKE IT EASY
UNPLUG	ENJOY LIFE	HAVE FUN	BREATHE
RELAX	GO OUTSIDE	:	MEDITATE

October 16, 2020

HEIGHTS ATHLETICS/CLUBS

#### **Junior Football**

10/17 v. Manchester

If your son/daughter is involved in a club or sport, please share that schedule with us so we can include it.

#### HEIGHTS: Where Tradition & Innovation Take Flight!

#### **Important Dates**

10/19 - Phase Three Hybrid begins
10/29 - Virtual BOE Meeting, meeting link to follow
11/3 - Election Day - Schools Closed

II/5 & 6 - NJEA Convention - Schools Closed

### A Week in Review

 School Spirit Day -Every Tuesday & Friday are "School Spirit Days!" Show your Heights Pride by wearing Orange and Black!!



Core Essentials -Our value this month is INTEGRITY: doing the right thing even when no one is watching. Our animal or insect is the ant and our color is blue.